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Laurence Freedom is the founder and director of The Freedom Center an outpatient addiction treatment program in Westminster, Co. Laurence was originally trained in the Johnson Institute and Community Institute models of family and community interventions. Laurence has also received training from Ed Storti an international interventionists who incorporates a less confrontational and more sensitive family intervention approach. Laurence has facilitated numerous interventions over his 26 years as an addiction professional.

For more information on Family Interventions or to schedule a no charge one time consultation about interventions

**Call 303 420-9430**

or visit our web site:

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## Family Interventions

## Helping Those We Love



### **Addicts/Alcoholics Don't Need to Hit Bottom To Get Well:**

For years the general philosophy for helping people with addictions was that they needed to hit bottom. Family Interventions have proven addicts/alcoholics can make the necessary recovery changes with the bottom being raised through a well planned and executed Family Intervention.

### **The Dynamics of Dependency:**

Alcohol and Drug Addiction affects the mind, the body the emotions and the soul. Without help the addict is predestined to live a life of misery, disappointment, heartache and premature death. One of the operating components of addiction is denial. Through the progression of the disease denial can expand and solidify for the addict/alcoholic. Family Intervention provides a viable tool in breaking through the barrier of denial and provide a solution for the still suffering addict and alcoholic.

### **Family Interventions:**

Provide family members and concerned loved ones with a viable solution to help the addict and alcoholic become open and receive the help they need to confront their dependency and self destructive behavior.

### **Advantages to a Family Intervention:**

- Provides a viable option to help those in need from a life threatening disease
- Gives family members and loved ones a “last hope” alternative to do all of what they can do to help the alcoholic and addict
- If successful, the miracle of a new life called recovery emerges

### **Key Elements to a successful Family Intervention:**

- Proper planning and Preparation
- Finding the key intervention team
- Preparing all team members for the “how to” in successfully executing an intervention
- Identifying and lining up the proper treatment facility
- Knowing that all interventions are built upon the foundation of LOVE!

### **Common Questions about Interventions:**

- “Do they work?” Yes, with proper planning and orchestration 90%+ Interventions achieve the goal of getting the addict to enter treatment.
- “Could we do an intervention on our own?” Technically, anytime you express your concern to a loved one about their problem you have intervened. We recommend if you have not spoken to your loved one, do so before engaging a formal family intervention. A True Family Intervention needs a trained professional that understands addictions as well as the necessary elements for a productive successful intervention.
- “What are the disadvantages with a family intervention?” An intervention can cause hard feelings and at times intensify the shame for the addict, alcoholic being intervened upon. The key in countering these feelings is a well prepared team that has a viable solution to offer the addict and alcoholic